

# Siamo Mareə Berlino

Anti-violence help desk in Italian for women, lesbians, non-binary people, intersex, trans and agender individuals



# Introduction.1

We are Francesca and Euridice, two Italian individuals who migrated to Berlin.

Our experience (despite having European passports) has given us the opportunity to personally encounter the situations and obstacles that **migrants** face on a daily basis.

Here in Berlin, the **Italian and Italian-speaking community** is particularly large. We have imagined the difficulties of a person who, not speaking German and not being familiar with local institutions, finds themselves experiencing violence.

# Introduction.2

We also believe that there are not enough safe spaces for **FLINTA\*** people (Women, Lesbians, Intersex people, Non-binary, Trans, and Agender individuals).

Therefore, we have decided to create a space for people who, for any reason (study, work, or vacation), find themselves in **Berlin** and speak Italian.

Thus, we envisioned a **safe place** where we can welcome people in difficult situations, offer listening, advice, and support to face potential difficulties.

# The project in detail

## Help desk

**We offer** 3 hours a week of help desk for anyone who wants to reach out to us and find listening, support, and advice.

## Community

**We create** a safe space where people will feel safe and free to experience.

## Redirection

**We direct** interested people towards institutions and professionals in the area.

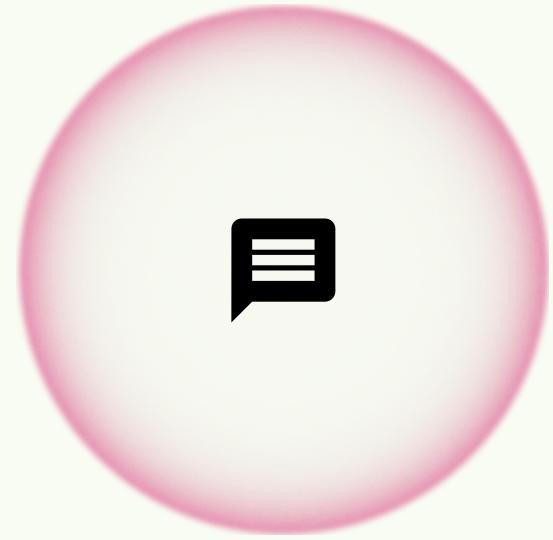
## Empowerment

**We organize** workshops to help rediscover creative and professional skills.

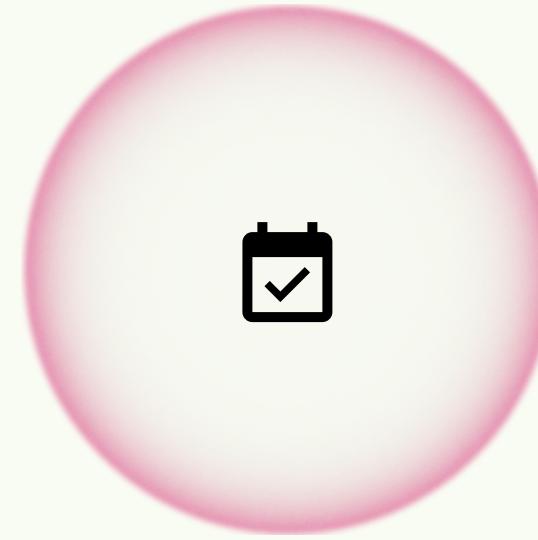
# How do we work

What we are	What we are NOT
<ul style="list-style-type: none"><li>• A place to receive <b>support and be heard</b>.</li><li>• Help for those in need of <b>practical and emotional assistance</b>.</li><li>• An inclusive space for all <b>Italian speakers</b> in Berlin.</li><li>• A <b>creative environment</b> to express ourselves, rediscover, and enhance our <b>professional skills</b>.</li><li>• An opportunity to build <b>new connections</b> and share interests.</li><li>• A hub for <b>guidance</b> towards local resources, institutions, and professionals.</li></ul>	<ul style="list-style-type: none"><li>• We are not an emergency hotline.</li><li>• We are not a shelter.</li><li>• We are not a law firm.</li><li>• We are not a psychotherapy center.</li></ul>

# Future prospects



We want to better understand the needs of our community



We aim to ensure consistency



We plan to apply for grants to secure funding

# How to contact us



[siamomareeberlino](#)



[Siamo Maree Berlino](#)



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